For each of the following statements, mark the response that is most nearly true for you at this time.

strongly disagree disagree uncertain agree strongly agree

I feel that I have found a significant meaning or meanings for leading my life.

Even though there may be a purpose in my life, I do not try to do much about it.

I have a belief or beliefs about life that gives my living significance.

Something seems to stop me from doing what I really want to do.

I do not value what I am doing with my life.

The things that are the most important to me dominate my activities.

In thinking of my life, it is hard for me to see a reason for my being here.

Basically, I am living the kind of life I want to live.

In life, I have no goals or aims at all.

My personal existence is purposeful and meaningful.

Life seems to be completely routine.

Facing my daily tasks is a source of pleasure and satisfaction.